

Bone Restore Chocolate Sugar-Free

*Support healthy bones with a
great-tasting chocolate chewable*

Item #02123 • 60 chewable tablets

Supplements for bone health never tasted so good. Bone Restore Chocolate Sugar-Free provides the nutrients for strong, healthy bones: 700 mg of calcium, 1,000 IU of vitamin D3, and critically important magnesium, zinc, manganese, boron, and silicon ... in just two delicious, sugar-free chocolate chewables a day.

We all know calcium helps maintain bone density and strength. But what you might *not* realize is that bone health isn't just a matter of getting enough calcium: you also have to have sufficient intake of other nutrients like magnesium,¹ vitamin D3,^{2,3} zinc,⁴ manganese,⁵ and more.

These nutrients, like calcium, are essential for maintaining healthy, strong bones. So we've paired easily absorbable calcium with 300 mg of magnesium plus trace amounts of zinc, manganese, silicon and boron — all wrapped up in a delicious chocolate treat.

References

1. *The Open Orthopaedics Journal*. 2012;6:143-149.
2. *The Journal of Nutrition*. Apr 1996;126(4 Suppl):1159s-1164s.
3. *The Journal of Clinical Endocrinology and Metabolism*. Jun 2010;95(6):2630-2633.
4. *Molecular and Cellular Biochemistry*. May 2010;338(1-2):241-254.
5. *Clinical Chemistry and Laboratory Medicine : CCLM / FESCC*. Aug 2013;51(8):1555-1561.



2 chewable tablets contain:

Vitamin D3 (as cholecalciferol)	1,000 IU
Calcium (as calcium carbonate, citrate) ...	700 mg
Iron	0.6 mg
Magnesium (as magnesium oxide)	300 mg
Zinc (as zinc amino acid chelate)	2 mg
Manganese (as manganese amino acid chelate)	1 mg
Silicon [from horsetail extract (aerial part)] ...	5 mg
Boron (as boron amino acid chelate)	3 mg

Dosage and Use:

Chew two tablets daily, or as recommended by a healthcare practitioner. Scientific studies suggest calcium supplementation in divided doses with food in the morning and evening may yield the best results.

Non-GMO

Life Extension will not be liable for typographical, photographic or other pricing or content errors found in our printed or electronic communications.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.